Silver staining

1- fix the gel	50% MeOH, 5% Acetic Acid	20min
2- wash	50% MeOH	10min
3- wash	water	2h (or O/N for less bkg.)
4- sensitize	0.02% Na ₂ SO ₃	1min
5- wash	water	1min
6- wash	water	1min
7- incubate	COLD 0.1% AgNO3	20min
8- wash	water	1min
9- CHANGE	TO NEW CONTAINER	
10- Wash	water	1min
11- develop	0.04% formalin, 2% na2Co3	
	change solution when developer	turns yellow
	terminate when staining OK	
12- terminate	e 5% acetic acid	repeat 2X
13- store	1% acetic acid	4°C